

Sandy Mush Herb Nursery

Supplement to Handbook 9 – 2021

ABBREVIATIONS: v., var. = variety; cv. or 'plant name' = cultivar; sp. = species; Z= USDA climate zone, to our best estimate.

Botanic name=Genus, species, Var. or 'Cv.' – Common Name: mature height; in feet ['] or inches ["], height x width; description, growth Zone, Grow Guide

***Acorus gramineus* 'Ogon' - Variegated Golden Sweet Flag:** 12"x12"; grass-like foliage grows from basal fans; great for brightening damp shaded areas Z 5-9 1,5,6,10,13

***Aesculus parviflora* - Bottlebrush Buckeye:** 5' - 10'; southeastern native; shrub forms small colonies; dark green compound leaves, white candle-like blooms; golden fall color. Z 5-8 1,4,5,6,7,10,11,13

***Agapanthus africanus* - Lily of the Nile:** strap-like leaves 2', flower stalks to 5', with 6-8" balls of blue or white for 2 months. Z 7-10 1,4,5,6,7,10,11,15

***Allium cernuum* - Nodding Onion:** 9"; lavender-pink flower heads for a cheerful addition to the low border and rock garden. E US Z 4-8 1,4,5,7,10,13

***Andromeda polifolia* 'Nana' - Bog Rosemary:** 8"x14"; evergreen grey-green narrow leaves, inedible, bell like flowers late spring on this shrublet. Z 3-7 1,4,6,10,11,13

ANEMONE - Windflower: Autumn flowering on 2-3' stems above low basal leaves; cut flower; sun / partial shade; pollinators love these. Z 5-8 1,4,5,7,8,10,11,13

***hupehensis* var. *japonica* 'Pamina':** 24"; deep rosy red semi-double flowers.

***xhybrida* 'Elegans':** 30"; single pink.

'Honorine Jobert': 30"; glowing, single white flowers.

'Whirlwind': 36"; white semi-dbl flowers; dense dark-green foliage.

***tomentosa* 'Robustissima':** 30"; glowing silver mauve-pink, single.

***Angelica dahurica* - Chinese A.:** 4'-6'; dramatic dark flower stalks topped by white umbels; attracts pollinators; handsome with A. Gigas. Z 4-8 1,5,7,10,13

***Anthriscus sylvestris* 'Ravenswing' - Hardy Chervil:** 2'; finely filigreed leaves are purple with hint of bronze; colorful basal growth showy in winter; flower stems 30-36" topped with fragrant white umbels. Z 6-9 1,4,5,6,7,8,11,14

Aquilegia alpina: 18"; large bright blue nodding blooms. Z 5-8 1,5,6,11,13

***Aronia arbutifolia* - Red Chokeberry:** 7'; vibrant red leaves & fruit in autumn.

***arbutifolia* 'Brilliantissima' - Chokeberry:** 6'x4'; clouds of fragrant white flrs produce clusters of blue-black berries for jelly & wildlife; glorious red fall foliage Z 4-8

***melanocarpa* - Black Chokeberry:** 6'; shiny dark green leaves, 3" long, on an excellent wetland plant adaptable to dry locations; white flowers, purple-black 1/2" dia. fruit for jellies & the birds; forms colonies; wine-red autumn color. E N America Z 4-7 1,4,5,6,7,8,11,13/all

***Artemisia stelleriana* - Beach Wormwood:** 4-6"; spreading stems with silver-grey, 3/4" wide leaves; bead-like yellow flowers. Z 5-8 1,5,7,11,13

ASCLEPIAS - Milkweed: loved from time immemorial by pollinators & now appreciated by humans in our efforts to save the pollinators!

***exaltata* - Tall Milkweed:** 4'; native ME to MN, south through IA, IL, to TN & mtns of GA, thence north through upland woodlands; loose flower head with individual creamy florets dangling on inch long threads; attracts lots of butterflies. Z 3-7 1,4,5,6,7,10,11,13

***fasicularis* - Narrow-leaf Milkweed:** 4'; nectar & larval feed for monarchs; pink flr; dry areas; aka Western Milkweed Z 6-10 1,14

***speciosa* - Showy Milkweed:** 2'-3'; pink flrs & foliage provide nectar & larval food for monarchs; good for dry, rough areas. Z 3-9 1,4,5,6,7,10,11,13



ASTER: This collection is native to NE US & Canada south through the Appalachian Mountains. Z 3-8 1,4,5,6,7,8,9,10,11,12,13 for all

curtisii: 3'; blue daisy flowers with white centers mirror the skies of autumn.

loweriensis: 3'; pale lavender-blue daisy flr heads on lax stems; heart-shaped leaves.

***patens* - Early Blue Aster:** 48"; delicate flowers on slender arching stems are the earliest here - July, usually, and keep on blooming through September.

***pilosus* - Tall White A.:** 3'; airy, open growth with multitudinous 1/2" single daisy flowers, a sure sign that autumn is in full swing.

ASTILBE- Excellent in containers as well as in the border; require rich soil & ample moisture. Z (4)5-8(9) 1,4,5,6,7,9,10,13

***xchinensis* 'Milk & Honey':** 30"; plummy white flowers turn pale pink as they age.

'Rise & Shine': 24"-30"; clear pink pyramidal plumes, dark green foliage.

'Maggie Daley': 30"; lavender-purple plumes, shiny green foliage.

'Visions': 12"-16"; mounding dark bronze-green shiny foliage; lilac-purple flowers.

***japonica* 'Elisabeth van Veen':** 24"; raspberry purple flowers, shiny dark foliage.

x 'August Light': 24"; cardinal red, late midsummer; tight plumes

x 'Sister Theresa': 24"; stout grower with dense salmon-pink plumes; cut foliage.

Bamboo: *Fargesia rufa:* 3-8'; clumping form with narrow fluttery leaves; cool climate with afternoon shade. Z 5-8 1,4,5,6,7,10,11,13

***Baptisia sphaerocarpa x alba* 'Carolina Moonlight':** 18"; creamy yellow racemes of pea-like flowers on branched blue green foliage. Z 4-8 1,4,5,6,10,11,13

BOG plants - especially adaptable to moist areas

***Eleocharis acicularis* - Needle Spike Rush:** 3"; perfect ground element for containers & warm wetlands; water-lover. N Am, Eur, Asia Z 7-9 1,5,6,11,14

***Juncus inflexus* 'Blue Arrow':** 2-3'; fully blue form adaptable to dry & wet conditions in the landscape; fine in containers. Z 5-9 1,5,6,11,13

Buxus harlandii: 2-3'; 1/2" w x 2 1/2" long dark green leaves; tight mound. Z 5-7

***Buxus suffruticosa* 'Clem's Cabin':** 5'x4'; compact mounding dark green growth; first planted circa 1930 at the French Broad River Garden Club's log cabin in Asheville NC. Z 5-8 1,4,5,6,10,11,13 for both *Buxus*

***Caltha palustris* - Marsh Marigold:** 8"; bright yellow fl early spring; shiny thick round leaves; spreads; moist area. Z 5-9 1,5,6,11,13

***Calycanthus* 'Athens':** 5'-6'; pale yellow, fruity-fragrant 1 1/2" flowers on this sweetshrub. Z 5-8 1,4,5,6,7,8,10,11,13

***Calycanthus raulstonii* 'Hartledge Wine':** 8'-10"; deep red 2" flowers in profusion; shiny dark leaves; handsome shrub year-round. Z 5-8 1,4,5,6,7,8,10,11,13

***Camellia sinensis sinensis* - Tea leaves for 'real' tea!**

'Grow Your Own Tea' by Parks & Walcott answers all the questions about growing, harvesting & preparing tea leaves for a hot/cold cup of delightful, homegrown tea. SB, 208pp

'Sochi': 4-6'; large leaf; fragrant white blooms; shiny green leaves & buds for making one's own tea! Needs winter protection in zones 7 and lower; fine container plant. Z 8-9

'Tea Breeze': small leaf; as above

Camellia x 'Cinnamon Cindy': 8'; very fragrant double pale pink 2" flowers; dark green leaves. Z 7-8 1,5,6,7,10,11,14 for all

Campanula rotundifolia – Olympica Bluebell: 24"; serrated dk green leaves; large lavender-blue bells. Z 3-8 1,4,5,6,7,8,11,13 both

Cardamine concatenata aka Dentaria laciniata – Cut-leaf Toothwort: 3-10"; among the earliest flowers here; deeply lobed & cut leaves with delicate bell-shaped pinkish blooms. Z 4-7 1,5,6,7,9,10,11,13

Carissa macrocarpa 'Nana' – Dwarf Natal Plum: 1-2'; slow-growing evergreen shrub with dark green oval leaves stacked tightly on stems; with age, the sculptural form reminds one of a lounging dragon; blooms late winter; flowers white with 2' petals reminiscent of starfish; sweet fragrance of citrus & gardenia; bonsai subject. Z 8-10 1,5,7,10,15

Carpinus caroliniana – American Hornbeam, Musclewood: 20'-30'; serrated leaves; smooth blue-grey ridged bark shows off the copper-toned fall color. Z 3-9

Caryopteris divaricata 'Snow Fairy': 3'; leaves high green with bright white variegation; profusion of pale blue flowers. Z 6-8 1,4,5,6,7,8,11,14

Ceanothus americanus – New Jersey Tea: 3'; gently spreading shrub, glossy leaves, white fluffy flowers attract pollinators galore. Z 3-9 1,4,6,10,13

CHAENOMELES – Flowering Quince: 4'x6'; many-branched shrubs bearing brilliant flowers in early spring and lemon-sized fruit late in summer, perfect for jams & jellies. Z 5-8 1,4,5,6,7,10,11,13

japonica 'Christmas Cheer': deep red blooms early, in spite of sleet and snow.

speciosa 'Alba': white flowers sparkle in early spring.

x superba/speciosa/ 'Cameo': pale pink to peach, double double, flowers; late spring.

Chelone obliqua – Pink Turtlehead: 3'; pale rose-pink; shiny leaves. Z 3-9 1,4,5,6,10,11,13

Chionanthus virginicus – Fringe Tree: 15'; dramatic panicles of white flowers, fragrant; leaves gold in fall. Z 4-8 1,4,5,6,7,8,10,11,13

Cimicifuga simplex – Autumn Bugbane: 3'-5'; strong black tall stems topped with white candle-like bloom; dark green cut-leaf foliage. Z 5-8 1,4,5,6,9,10,13

Citrus meyerii – Dwarf Chinese Lemon: 5'; fragrant white flrs, shiny leaves, delicious fruit; fine for pots in bright light Z 9-11 1,4,5,7,8,11,15

Clematis xhybrida 'Helios Aztek': 8' robust vine; sulphur-yellow bells picoteed with silver; long bloom period. Z 5-9 1,5,6,7,8,10,13 for both

Clematis integrifolia 'Mongolian Bells': 12"x12"; compact non-vining species good for pots & garden border; white, pink, blue flrs; silvery seedpods. Z 4-8

Clethra alnifolia 'Sixteen Candles': 3'; compact selection from C. 'Hummingbird' seedlings, w/larger fragrant racemes of white flowers. Z 5-8 1,4,5,6,7,10,11,13

Clintonia umbellulata – Speckled Wood-Lily: 12"; broad, smooth basal leaves to 12"; bloom head tops a smooth stem with segmented white trumpet flowers; native to Appalachians. Z 3-7 1,4,5,6,7,10,11,13

CONIFERS in general are adaptable & willing to thrive as bonsai specimens as well as unrestrained container and landscape plants! They enhance any site with a wide variety of color, texture, structure, profile and 'look'. 1,4,5,6,7,11,13 – all except as noted:

Cephalotaxus harringtonii – Plum Yew: 5'x4'; dark green, evergreen broad-needled shrub good for warm regions. Z 6-9 ..14

Chamaecyparis lawsoniana – 'aff Van Pelts': 15'–25'; elegant steel blue fan-like foliage, dense, fast, columnar growth. Z 5-8

'Van den Akker': 30'h x4'; narrow form of weeping Alaskan cedar; resembles dark green arrow in the garden. Z 4-8

'Variegata': 35'–40'; creamy white new tips on dark green fan-foliage. Z 4-7

Chamaecyparis obtusa - Hinoki Cypress: varied foliage & structures good for rock gardens, small gardens, containers & bonsai! Z 5-8

'Blue Feathers': 3'-4'; mound of twisted, soft, blue-green foliage. Z 4-8

'Crippsii': 6'x4'; soft gold foliage in pyramidal form; color best in sunny area; excellent for containers.

'Graciosa': 3'x3'; dark green lacy soft foliage in airy open growth

'Kosteri': 20"x20"; quite dwarf, mounding with twisted leaf sprays

'Pygmae': 1' x 2'; open sprays of dark green foliage, reddish stems; grows in showy tight mounds

'Tetragona Aurea': 4'x2'; bronze-gold, fern-like foliage on erect plant; in full sun the foliage is gold dusted and in shade, rich green with a hint of blue. Z 5-7

Chamaecyparis pisifera – 'Aurescens': 2'x2'; foliage muted green with copper-yellow tips, winter color is a brighter green-yellow. Z 5-8

'Gold Dust': 18"–18"; our 15-year-old plant remains an 18"x18" globe of dark green with flashes of gold. Z 5-7

'Squarrosa Dumosa Boulevard': 15'–18'; gray mixed with blue in puffy dense foliage; cone shaped. Z 4-8

Cryptomeria japonica 'Black Dragon': 6'x4'; dense dark green needled foliage, tinged purple in winter, compact branch growth, pyramidal Z 6-9 ..14

Cryptomeria japonica 'Globosa Nana': 4'x4'; bright green needled foliage in dense soft mounds for this rounded profile shrub Z 6-9 ..14

Cunninghamia lanceolata glauca – Blue China Fir: 50'–60'; irregularly growing evergreen with sharp-pointed glaucous needles; blue foliage is stunning. Z 5-9

x Cupressocyparis leylandii – 'Golconda': 30'–40'; green-gold of summer turns bright gold in winter, just in time for holiday decorations. Z 6-8

'Silver Dust': 40'; grey-green foliage suffused with white; rapid grower. Z 4-8

Cupressus arizonica – glabra 'Blue Ice': 25'; dark red stems bear silvery blue flattened foliage in conical structure. With protection, can survive Z 6, otherwise Z 7-9 ..14

'Carolina Sapphire': 20'; bright blue-grey foliage of spring shows off the tiny yellow cones; slightly mounding growth. Z 7-9

'Limelight': brilliant golden form of above. Z 7-9

Juniperus chinensis 'Shimpaku': 6'x5'; dense, nearly congested, dark blue-green growth forms vase-like shape; very slow growth. Z 4-8 ..13

Picea abies 'Mucronata' - Sharpleaf Norway Spruce: 5'x5'; many stiff stems form the dense irregular pyramid of deep green needled foliage. Z 4-7

Picea abies 'Repens' - Creeping Norway Spruce: 2'x5'; multi-stemmed, evergreen, fine-needled; handsome! Z 3-7

Picea orientalis – Caucasian Spruce: 50'; evergreen, dense conical form, lustrous pendulous branches. Z 4-7

Taxodium ascendens – Pond Cypress: 75'; columnar; reddish bark. Z 7-10..14

Thuja occidentalis – 'DeGroot's Spire': 25'–30' x 2' w; dark green spear of densely twisted foliage; excellent for containers. Z 5-8 ..13

'Ohlendorfii': 2'–3'; foliage a tangle of vertical green & bronze ropes. Z 4-8

'Rosenthalii': 10' x 4'; dense dark blue-green narrow form. Z 4-8

'Wansdyke Silver': 40'x20'; random creamy variegation; conical form. Z 4-8

Thuja plicata 'Hogan' Western Red Cedar: 50'x25'; dense pyramidal silhouette; aromatic dark green foliage; bronze winter foliage; needs moist, cool site. Z 5-7

Thuja standishii – Japanese Arbor-vitae: 20'–30'; fast grower, dark green, conical form with drooping branches. Z 5-7

Thujaopsis dolabrata – 'Aurescens': 25'; fingered fans of scale-like evergreen foliage turn rich golden for winter; billowy irregular growth habit. Z 6-8 ..13, all

'Latifolia': 25'; foliage dark green in semi-vertical sprays; dense, upright growth.

'Variegata': 25'–30'; leaves emerald green with white, year-round; light shade.



Tsuga canadensis – **Canadian Hemlock** cultivars: varied textures & growth patterns. Z 4–7, all

‘**Brandley**’: 3’x3’; this dwarf hemlock forms a dark green, dense mound of needled foliage

‘**Coles Prostrate**’: 15”x4’ after 10 years, dwarf hemlock forms a cascade of tight knit branches & needles

‘**Frosty**’: 7’x5’; globose form of hemlock with showy white-tipped branches

‘**Jacqueline Verkade**’: 3’x2’; dwarf hemlock distinguished by fine, tiny needles; dense conical structure

Tsuga mertensiana – **Western Mountain Hemlock**: 30’x8’; symmetrical conical form; light green needles; seems to be resistant to woolly adelgid Z 5–8

Convallaria majalis – **Lily of the Valley**: 8–12”; spreading groundcover, broad leaves, white fragrant bell flowers; European, naturalized in US; NOTE: ALL PARTS POISONOUS! Z 3–7 1,4,5,6,7,10,11,13

CORNUS – **Dogwood: white flowers** Z 4–8 1,4,5,6,7,8,10,13 for all *Cornus*

alba ‘**Argenteo-marginata**’: 6’; silver-edged leaves; bright red stems in winter; adapts to dry and damp areas.

pumila – **Dwarf Dogwood**: 4–5’; showy deep red-green leaves on mounding dense shrub; irregular branching handsome in winter. Z 5–8

sanguinea ‘**Winter Flame**’: 5–6’; in winter, stems are orange-yellow blending to pink then to red at tips; multiple stems make 4’ wide bush; golden-yellow in fall. Z 4–7

Corydalis sp. ‘**Blackberry Wine**’: 10” – 12”; lavender-purple fragrant flowers spring & in early fall; blue-green foliage is fern-like; shade. Z 6–9 1,4,5,6,7,8,10,13

Cotinus coggygria ‘**Purpureus**’ – **Purple Smoke Bush**: 10’–12’; full sun enhances the deep purple hue of the oval leaves; flowers a pale smoky lavender in late summer. S Eur – Central China Z 5–8 1,4,5,6,7,8,10,11,13

Crococsmia x crocosmiiflora – ‘**George Davidson**’: 18”–24”; delicate yellow flowers on gently arching stems; good cut flower. Z 5–8

‘**Norwich Canary**’: 20”; 1½” clear pale golden yellow flowers hang in profusion from 6”–8” horizontal spikes. Z 5–8 1,4,5,6,7,8,10,11,13/both

Cydonia oblonga – **Tree Quince**: 15–20’; white flrs, smooth grapefruit-size dense fruit fantastic for jam & jelly. Z 4–8 1,4,5,6,7,8,10,11,13

Daphne odora ‘**Variiegata**’: 3’x3’; shrub; cream-edged dark evergreen lvs; highly fragrant clusters of pink flowers early spring. Z 7–9 1,4,5,6,7,10,14

Delphinium tricorne – **Dwarf Larkspur**: 12”; blue to purple flowers, mid spring; deeply divided leaves; woodland Appalachian native. Z 4–7 1,5,6,7,10,13

Dicentra cucullaria – **Dutchman’s Breeches, White Hearts**: 8”–10”; early flowering eastern U.S. native; delicate fern-like foliage is blue-gray and shows off the small white heart-shaped blooms. Z 5–8 1,5,6,7,10,13

Digitalis purpurea ‘**Yellow Spear**’: 36”x18””; handsome foxglove with lightly speckled yellow blooms Z 6–9 1,4,5,6,7,10,11,13

DISPOROPSIS: these close relatives of the Solomon Seals (*Polygonatum*) do best in the same sorts of woodland settings, forming dense matting colonies in humus rich soil; they have lustrous evergreen leaves ranging from slender to broad; creamy white bell flowers followed by showy fleshy fruit. E Asia Z 5–8 1,4,5,6,7,8,10,11,13

arisanensis: 10–12””; fast growth into dense colonies; dark green leaves.

fusca-picta: 8–10””; broad, light green leaves; adapts to cool sunny areas.

pernyi: 12””; slender leaves on shiny arching stems.

Disporum cantoniense ‘**Night Heron**’: 3–4’; aka Chinese Fairybells; bronze bamboo-like foliage waves in the breeze, yellow bell flrs top supple stems; purple-black berry seeds Z 5–10

Disporum lanuginosum – **Yellow Mandarin**: 24”–36””; native to eastern US woodlands; crinkly leaves above dangling pairs of flowers. Z 5–9

Disporum sessile ‘**Variiegatum**’: 12–15””; Asian; white fairy bells grow in patches accented in deep shade by white stripes on leaves. Z 4–8 1,4,5,6,7,8,10,11,13 for all

Dodecatheon meadia – **Shooting Star**: 18””; purple, pink or cream flowers shoot above rosettes of primrose-like leaves in early spring; grows best in rich moist woodland areas; native. Z 3–8 1,4,5,6,7,9,10,13

Elephantopus tomentosus: 3”–15””; dark green, rough surfaced leaves form low rosettes producing 10” stalks of sparkling lavender blue-rayed flowers in midsummer. Z 5–8 1,4,5,6,7,10,11,13

EPIMEDIUM – **Bishop’s Cap**: Z 4–8 1,5,6,7,9,10,13

grandiflorum ‘**Rose Queen**’: 12””; generously large flowers are pink with white inner layer; densely spreading habit makes this a fine groundcover.

x perralderianum ‘**Weihenstephan**’: 12””; a gently spreading type with dark green leaves and good-sized yellowish blooms.

x perralchicum ‘**Frohleiten**’: 10””; pale yellow blooms; finely toothed foliage has reddish coloration in autumn.

x perralchicum ‘**Wisley**’: 6–8””; unusual round orange-yellow flowers; smooth thick leaves shiny green early turning bronze-green; leaves & flowers grow on wiry stems. Z 5–9

x warleyense: 10”–12””; early spring flowers are yellow with copper-orange centers; dark green foliage turns to bronze through the winter.

x warleyense ‘**Orange Queen**’: as above, with tinges of red.

x youngianum ‘**Roseum**’: 12””; pink flowers; fine spreader w/dark bright green foliage.

Eryngium yuccifolium – **Rattlesnake-Master**: 4’–5’; spiny basal leaves sword-shaped to 3’ long; round thistle-like flowers white to pale blue; US native. Z 4–8

Euonymus americanus – **Hearts-a-Busting**: 5’–6’; slender green branches and stems carry narrow dark green leaves; as fruit ripens, the rough yellow hulls split revealing bright red shiny seed. Z 5–8 1,4,5,6,7,10,13

Euonymus japonica ‘**Rykujo**’: 8”x4””; miniature plant looks a bit like a shaggy gnome; dark green leaves have yellow & white variegation and lie scale-like in tight formation; excellent for dish gardens, & tiny spaces. Z 6–9 1,4,5,6,7,11,14

Eupatorium purpureum cv **Dwarf Joe Pye Weed**: 2 ½’; lavender purple flowers grace tightly mounded multi-stemmed plant. Z 4–8

Eupatorium rugosum – **White Snakeroot**: 2’–3’; plant for moist, well-drained shady gardens; shiny brown stems, dark green heart-shaped leaves, topped by 4” wide fluffy clusters of tiny white flowers. Z 4–8 1,4,5,6,7,10,11,13/all

Eupatorium sessilifolium – **Upland Boneset**: 3’; flat frothy white flr heads; lance leaves. Z 4–8

Exocorda racemosa – **Pearlbush**: 3–10’; bright white rose-like flowers, early spring, on loosely structured shrub; China. Z 4–8 1,4,5,6,7,8,11,13

xFatshedera japonica ‘**Pia**’ – **Tree Ivy**: as below, except that the leaves are solid green and growth tends to be more tree-like.

xFatshedera lizei ‘**Anna Mikkels**’, ‘**Media Picta**’, ‘**Monstrosa Variiegata**’, ‘**Aureomarginata**’ – **Bush Ivy**: 6’–8’; this name-confused plant is a sprawling shrub-vine, good as a conservatory plant in cold areas for its 8” wide, 5-lobed green leaves overlaid with gold and chartreuse. Z 7–9 1,4,5,6,7,8,9,10,11,14

FERNS: These primitive plants – lovers of shade to part shade, moist to dry conditions, and adapting to the extreme cold of northern Canada and the heat of south Florida – make a garden all the more interesting for their presence.

Asplenium rhizophyllum – **Walking F.**: 3–10””; ½” wide finger-like fronds form new plants at their tips; evergreen. Z 2–8

Cyrtomium falcatum – **Japanese Holly F.**: 18”x15””; bold shiny leathery fronds resemble holly branches, tough & good in full shade Z 7–11 ..14

Cystopteris fragilis – **Fragile F.**: 5–10””; frilly lance-shaped fronds; adaptable to dry/wet situations; rock garden specimen. Z 2–10

Davallia solida v *feejeensis* – **Rabbit’s Foot F.**: 12””; soft ferny foliage, furry climbing rhizomes; great for baskets, containers, wooden supports to show the ‘feet’. Z 8–10& houseplant ..15



FERN: *Deparia acrostichoides* – Silvery Glade Fern: 3'x2'; broad fronds; best in rich soil with humus, reliable moisture & part shade US native Z 3–9

***Diplazium pycnocarpon* – Glade F:** 4'x3'; narrow pointed fronds turn russet in autumn; needs soil rich in humus, consistent moisture, part shade; lovely in shade garden US native Z 3–9

***Dryopteris goldieana* – Goldie's Wood F:** 3–4'; bold, backward arching fronds, majestic, in moist woodland habitats. Z 3–7

***Matteuccia struthiopteris* – Ostrich Fern:** 2–3'; slow spreading clump; majestic tall fronds give way to dark brown fertile fronds which persist through winter. Z 3–7 1,5,6,7,9,10,11,13/all

***Polystichum polyblepharum* – Japanese Tassel F:** 1–2'; soft eyelash fronds in open vase shape; evergreen; lovely in deep shade. Z 7–9 ..14

***Woodwardia aereolata* – Netted Chain F:** 2'x1'; broad, gently wavy leaf segments; dense growth needing acidic, moist, well-drained woodland soil; native E US Z 3–9

***Ficus pumila* – Creeping Fig:** 1'; dense creeper & climber; evergreen. Z 8–10 1,5,6,7,8,9,10,11,15

***Filipendula purpurea* 'Elegans':** 15"; a meadowsweet growing in mounds of fine-cut foliage; pink flowerheads. Z 3–7 1,4,5,6,7,8,10,11,13

***Fothergilla gardenii* 'Blue Mist':** 2–3'; bottlebrush flowers white, fragrant; elongated leaves frosty blue and quite mildew-resistant; SE US native. Z 5–8 1,4,5,6,7,11,13

***Galium boreale* -Northern/White Bedstraw:** 1'; Flowers white in showy terminal panicles; tendrils of foliage form a mat; N Amer, Eur, Asia Z 2–8 1,5,7,11,13

HARDY GERANIUMS: 1,4,5,7,10,11,13 for all

***macrorrhizum* 'Vitalis':** 15"x15"; repeat blooming purple-pink flowers, light green fragrant foliage, spreading. Z 4–8

***maculatum* 'Espresso':** 12"–15"; tight mounds of chocolate brown & purple foliage bear 1½" lavender flowers; good in sun, tolerates light shade & damp soil. Z 5–7

***oxonianum* 'Rose Clair':** 12"; rose pink flowers in profusion above deep green palmate leaves; good spreader. Z 4–8

***phaeum* 'Lavender Pinwheel':** 12"–15"; lovely pale lavender blooms grace the colorful mounding foliage of this European introduction. Z 4–8

***x pratense* 'Brookside':** 12"–15"; large bright, deep blue flowers w/ white eyes; heavy in spring, lighter displays through autumn. Z 4–8

***sylvaticum* 'Mayflower':** 18–24"; rich blue flowers above rich green cut-leaf foliage; compact upright growth. Z 4–8

wlassovianum: 10"–12"; grey-green felted leaves have scalloped edges; flowers lavender-purple in early spring. Z 4–8

***Gillenia/porteranthus/ stipulata* – American ipecac:** 3'; similar to trifoliata but lower leaves deeply cut; sparkly white flowers.

***Gillenia/porteranthus/ trifoliata* – Fawn's Breath, Bowman's Root:** 3'; delicate 5 petaled white flowers flutter in shady areas; rich woodlands of East coast. Z 4–8 1,4,5,6,7,10,11,13/both

GRASS: Z 3–8 1,4,5,6,7,10,11,13 for all

***Carex fraserianus* – Fraser's Sedge:** 8"–10"; dark green 2"x8" evergreen glossy leaves, mounding, white brush-like fir spikes. Z 6–8 Appalachian native

Carex rosea: 6"; fine-leaf form with early flower heads, fun to observe! Z 3–8

***Luzula acuminata* – Wood Rush:** to 6"; North Am native, earliest blooms, mounding grass-like leaves hairy, golden-bronze in winter.

***Luzula sylvatica* 'Aureo-marginata':** 10"; shiny ¾" leaf blades w/ golden edges; early spring tassel blooms. Z 5–8

***Hamamelis vernalis* – Spring Witch Hazel:** 10"–12"; blooms late winter/early spring; similar to *H. virginiana*; growth upright; bright yellow fall color; native to south central US. Z 4–9 1,4,5,6,7,10,13

Helleborus dumetorum: 1'x1'; from Hungary west of Budapest; lime green blooms; heavy rapid growth with deeply divided dark green leaves. Z 6–9

Helleborus purpurascens: 12"; showy fingered leaves; flowers purple on outside and greenish-purple inside; from Eastern Europe. Z 5–7 1,4,5,6,7,10,13

***Heuchera villosa* 'Atropurpurea'- Maple-leaved Alumroot:** 10"; strong grower, 5" burgundy leaf; white flowers late summer. Z 5–8 1,5,6,7,10,11,13

***Hexastylis arifolia* – Arrow Leaf Evergreen Ginger:** 1'x1'; Little Brown Jug wild ginger US native Z 6–8 1,4,5,6,7,9,10,13

Hosta venusta: 3–5"; miniature with dark green leaves, lavender flowers on 6" stalks. China Z 5–8 1,4,6,7,9,10,13

***Houstonia purpurea* – Bluet:** 15"; pale lilac to pink blooms atop slender stems, US native wildflower. Z 3–8 1,4,5,6,7,10,13

HYDRANGEA: Cut old stems to the ground after flowering to thin and shape the bush without losing next season's flower buds. In general, pink cultivars need alkaline soil & blue need acid soil. As it takes time and considerable effort to alter soil ph, we note that most hydrangeas have quite stable and enjoyable colors, as they are. Z 6–8 1,4,5,6,7,8,10,11,13

***macrophylla* – 'Ami Pasquier':** 4'x4'; color is red/wine in alkaline soil and blue/purple in acid; shiny leaves.

'Dooley': 5'x5'; reliable, rich blue and heavy flowering form; lush dark green foliage.

'Garten-Baudirektor Kuhnert': 7'x4'; bright robin's egg blue mophead bloom fades to purplish blue; best in acid soil.

'Mariesii Lilacina': 5'x5'; lace-cap, color ranges from pink to lavender-blue.

'Merritt's Pink': 5'x5'; mophead; acidic soils =blue, alkaline =pink

'Nikko Blue': 5'X5'; mophead type

***paniculata* 'Yuki Gessho':** 6'x6'; leaves splashed with white; flowers white panicles. Japan

***serrata* – 'Preziosa':** 3'–4'; good-sized flowerheads are white suffused with pink at first, later turning lilac-pink and ruby red.

'Shishiva' - Sawtooth H: 4'x4'; pink lacecap flower; grows well in shade Z 5–9

***Hypericum prolificum* – Shrubby St. John's Wort:** 1–4'; adapts to dry rocky areas as well as to moist areas, sun & shade; rounded form with large golden yellow flowers. Z 3–8 1,4,5,6,7,8,11,13

***Hypoxis hirsuta* – Yellow Star-grass:** 3"–6"; six-petal 1" bright yellow blooms for the woodland garden. Z 3–9 1,4,5,6,7,10,11,13

***Iboza riparia* – African Moth Plant:** 6'; medicinal plant from East Africa; fragrant winter blooms are fluffy white; leaves thick & fragrant. Z 9+ 1,5,6,7,10,11,15

ILEX – Holly: All except *verticillata* are the familiar evergreen. *Verticillata*, aka Winterberry, cultivars are deciduous. In order for the female plants to produce berries, there must be a male in the neighborhood! The males produce pollen – a delight for many pollinators. The fruit is excellent bird food. Z 4–8 1,4,5,6,7,10,11,13 except as noted.

***aquifolium* 'Aureomarginata':** 30'x18'; holly leaves are dark green with golden margins & interior gold blotch; large red fruit; cut branches hold for holiday decor. Z 7–9

'Conaf' - Oakleaf Red Holly: 15'x8'; open growth unless sheared; new leaves red in spring, showy in fall; orange-red berries Z 6–9

crenata convexa: 5'–6'; female; color & texture perfect for hedges in place of boxwood.

'Green Dragon': 3'; male; dense dark green sculptural growth; ¾" leaves; slow growth good as container plant. Z 5–8

'Sky Pencil': 12'; female; grows in narrow (12"–15") dense column of dark green glossy leaves; easily grown in full sun. Z 5–7

***xmeserveae* 'Mesan' Blue:** 6'x4'; male pollinator; rich blue-green compact foliage Z 4–7

x'Nellie R. Stevens': 15'x12'; bold green foliage for hedge and garden; large red berries; great for warm areas Z 6–9

***opaca* 'Canary':** 20'; yellow fruited American holly; best in acidic soil; vigorous dense foliage & growth. Z 4–7

pernyi: 10'x6'; female; thumbnail sized leaves are shiny dark green and prickly on gently descending branches; 3/8" fruit is dark red.

***verticillata* – 'Oosterwijk':** 4'–6'; noted for bright red berries held long into winter; partnered with 'Southern Gentleman'; fragrant flowers attractive to pollinators.

'Southern Gentleman': 6'; excellent pollinator for the many verticillata selections; flowers fragrant & great for honeybees.

'Winter Red'®: 8'; narrow, erect growth habit, dark green deciduous leaves; prolific and large berries feed the birds & make the branches excellent in bouquets; partnered with 'Southern Gentleman'.



***Ilex vomitoria* ‘Nana’ – Dwarf Yaupon Holly:** 3–5’; narrow, 1½” long dark green shiny leaves on compact many-branched shrub; only North American native source of caffeine. Z 7–9 1,14

***Illicium henryi*:** 15’; Anise tree with copper to red flowers; thick dark green leaves are evergreen. Z 7–10 1,5,6,10,14

Ilysanthes* = *Lindernia is the current name for this dense groundcover with pale blue flowers

***Indigofera heterantha* – Himalayan indigo:** 3’x2’; lively pink pea-like flowers in dense racemes mid-summer, pea-like foliage Z 5–8 1,4,5,6,8,11,13

***Ipeion uniflora* – Spring Starflower:** 6”; prolific bulb with grass-like leaves; flowers pale blue early spring & again in autumn. Z 6–8 1,4,5,6,7,10,11,13

IRIS: Z 5–9 1,4,5,7,10,11,13 for all

***ensata* ‘Variegata’:** 30”; showy blades of 1” wide leaves have bold white stripes; violet-blue blooms are 3”–4” across.

***louisiana* ‘Black Gamecock’:** 18”; dark purple-black blooms with bright yellow bee lines; adapts well in moist-to-dry gardens. Z 6–9 14

***sibirica* ‘Rimouski’:** 2’–3’; pure white heavy blooms; strong stems excellent for cutting Z 3–8

***virginiana*:** 15”; eastern U.S. native is a vivid blue, early. Z 5–8

***Itea virginica* ‘Merlot’:** 3’–3½’; compact shrub bearing fragrant white flowers on 3”–4” racemes; fall color is clear wine red. Z 5–9 1,4,5,6,7,8,11,13

***Jeffersonia diphylla* – Twinleaf:** 8”–15”; divided kidney-shaped leaf, pure white ½” flr on taller stem; native woodland plant. Z 5–8 1,4,5,6,9,10,13

***Kadsura japonica* ‘Chirimen’:** fast growing vine in shady, moist areas; shiny, thick, evergreen foliage has bold white variegation. Z 7–9 1,4,5,6,7,10,14

***Kadsura japonica* ‘White Berry’:** as above with no variegation.

***Laportea canadensis* – Wood-Nettle:** 2½’–3’; broad pale green leaves not as prickly as *Urtica dioica*; early growth a fine steamed potherb. Z 4–8 1,4,5,6,10,13

***Lavatera thuringiaca* – Tree Mallow:** 6’; hollyhock-like pink flowers early summer through fall, heart-shaped leaves. Z 6–9 1,4,5,6,7,8,11,13

***Leucothoe fontanesiana Rollisonii* – Drooping doghobble/fetterbush:** 2–3’; white bell-like flowers drip from the arching branches of this woodland evergreen shrub; native to Appalachian mts from NY to Alabama. Z 5–8 1,4,5,6,10,11,13

***Lilium superbum* – Turk’s Cap Lily:** 4’–8’; native woodland plant outstanding for its golden orange flowers; petals recurved, hence the name. Z 5–7 1,5,6,7,10,13

***Liriodendron tulipifera* – Tulip Tree:** 70–100’; magnolia-like pale green flowers banded in orange, leaves bright green; trunk and branches form majestic structure; spectacular fall color; native to E North America. Z 4–7 1,4,5,6,7,10,11,13

***Lonicera crassifolia*:** 3”x2”w; spreading evergreen shrublet with half inch dark green oval lvs alternating along stems; fragrant pale yellow blooms on this honeysuckle Z 5–9

***Lonicera pileata* – Box-leaf honeysuckle:** 2’hx6”w; fragrant yellowish flrs, glossy oblong lvs, semi-evergreen, spreading habit, good for stabilizing slopes Z 6–8

***Lonicera sempervirens* ‘Leo’:** honeysuckle vine; a light-footed climber whose long, bright red flowers enhance an archway or companionable neighboring shrubs. Z 5–8 1,4,5,6,7,10,11,13

MAGNOLIA: 1,4,5,6,7,8,10,11,13 for all

***fraseri*:** 30’–50’; large (up to 12”long) dark green lvs, 8” diameter white-cream flrs; native in southern Appalachian mts; does not like hot climates Z 6–7

***macrophylla* – Big Leaf M.:** 60’; leaves, up to 24” long by 12”, are pale green above & silver beneath; creamy highly fragrant flowers up to 12” w; seed pods bright red. Z 6–8

***macrophylla ssp ashei*:** 10–15’; profuse fragrant 10” white flowers at early age. Z 6–9

***stellata* ‘Waterlily’:** 15’x15’; flower buds are deep pink, opening to pale pink, with many narrow, airy petals and glorious fragrance; rounded growth habit. Z 4–8

x’Susan’: 12’x8’; a ‘Little Girl series’ magnolia with purple-red goblet-shaped flrs in late spring & occasionally in summer Z 4–8

***tripetala* – Umbrella M.:** 40’; 25”x12” leaves in whorls at ends of branches; vase-shaped creamy flowers; 5” red seed cones. E NAM. Z 5–8

***Maianthemum canadense* – Canada Mayflower, False Lily of the Valley:** 4’; native bright groundcover for shady & damp areas; shiny spear-shaped leaves are 4” long and solitary; flowers star-shaped, white, fragrant, in late spring; grows with *Mitchella* & *Gaultheria* Z 3–6 1,4,5,6,9,10,13

***Malva sylvestris* ‘Zebrina’ - Zebra Hollyhock:** 2’; pink with dark pink veins, profuse, a cheerful perennial Z 4–8 1,4,5,6,7,8,11,13

***Marshallia trinervia* – Barbara’s Buttons:** 12–14”; white button flowers; dark green lvs; likes well-drained soil & rocky areas; native SE US. Z 5–8 1,4,5,6,7,10,11,13

***Medeola virginiana* – Indian Cucumber Root:** 1–2’; two whorls of leaves on single stem, greenish drooping flr at top produces purple berry in autumn; root edible; Appalachian native. Z 3–8 1,4,5,6,7,10,11,13

***Michelia figo* – Banana Shrub:** 12’; an evergreen in the magnolia family with characteristic dense growth of leathery leaves; creamy thick-petaled 2” flowers have strong banana scent; hedge plant. Z 7–9 1,4,5,7,10,11,14

***Monarda didyma x fistulosa* ‘Beauty of Cobham’:** 3’; profuse bright pale pink flowers; heavy growing bee balm; leaves deep green. Z 3–8 1,4,5,6,7,9,10,11,13

***Mukdenia rossei* ‘Karasuba’:** 8–10”; in mid-spring panicles of bright white star-like flowers float above small clumps of fan-shaped leaves which are fiery-red in late summer through autumn. Asia Z 4–9 1,4,5,6,10,13

***Myrtus ugni*:** 6’; myrtle from S. Am; white starry flowers. Z 9–10 1,5,7,10,11,15

***Nepeta xfaesenii* ‘Walker’s Low’ Catmint:** 24”; arching stems form 30” wide mass of green-grey foliage and intense blue flowers. Z 3–8 1,4,5,7,10,11,13

***Ophiopogon planiscapus* ‘Nigrescens’ – Black Mondo Grass:** 10”–12”; black mounds of ¼” leaves; showy! Z 5–8 1,4,5,6,7,10,11,13

ORCHID: *Tipularia discolor* – Cranefly O.: bright purple leaves of this native adorn the forest floor from late autumn through spring; in midsummer a 6” stalk of delicate greenish-purple blossoms appears. Z 4–9 1,4,5,6,10,13

***Origanum siphyleum*:** grows in sprays of aromatic blue-green leaves; flowers hop-like, green bracts over pale tubes; from Turkey. Z 7–9 1,4,7,11,15

***Osmanthus heterophyllus* ‘Goshiki’:** 5’–6’; hues from pink, yellow through greens to white, splashed on tough holly-like leaves. Z 6–8 1,4,5,6,7,10,11,14

***Osmorhiza claytonii* – Wild Sweet Cicely, Anise Root:** 3’; native to eastern North American mixed deciduous forests and alluvial woodlands; lacy leaves, flowers in white umbels. Z 3–7 1,4,5,6,9,10,13

***Ostrya virginiana* – Ironwood:** 25–30’; profile is narrow with most branches horizontal & those at top, arching; slightly exfoliating bark; fine specimen tree or addition to woodland. E US Z 3–8 1,4,5,6,7,10,11,13

***Oxalis crassipes* ‘Rosea’ – Pink Wood Sorrel:** 4–6”; traditional pink flowered shamrock; old-timey. Z 7–10 1,4,5,6,7,8,10,11,14 for all

***O. regnellii v. triangularis* – Purple False Shamrock:** 4–6”; deep purple foliage, pink flowers; great for sharing with friends.

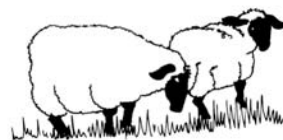
***O. sp.* - White Shamrock:** 8”; light green foliage, white star-like bloom; containers/outside in mild winter areas Z 7–11

***O. tetraphylla* ‘Iron Cross’ Shamrock:** 8”; leaves have dark cross in center; orange flrs; heirloom plant

***Packera aurea* – Golden ragwort:** 2’; emerges in earliest spring with rounded lvs, purple-bronze beneath, & deep yellow flrs for first pollinators Z 3–8 1,4,5,6,7,11,13

***Parrotia persica*:** 20’; fragrant red flowers resemble ½” puffballs, early spring; adaptable to single or multiple stemmed growth; exfoliating grey green white brown mosaic patterned bark is showy in winter. Z 5–8 1,4,5,6,7,10,11,13

***Patrinia scabiosifolia*:** 2’–3’; golden-yellow umbels grace the fall garden; very tough plant, good for dry, sunny location. Z 6–8 1,4,5,6,7,11,13



PELARGONIUM – Geranium: Z 10–11 1,4,5,7,10,11,15 for all ‘Mrs. Hall’: 24”; fancy-leaved geranium; leaves have bands of yellow, salmon, and green, both pure hues and overlaid; salmon colored flowers – quite a show!

fragrans ‘Cody’s Nutmeg’: robust form of nutmeg, in fragrance and growth.

grossularioides ‘Coconut’: 10”; fragrant round dark leaves, pink flowers; trailing. Z 7–10

rapaceum ‘Mrs. Kingsley’: leaves deeply lobed with edges curling upward; strong grower with cerise blooms; faint pungent scent.

Philadelphus coronarius – Mock Orange: 10”; plenty of white fragrant flowers with yellow stamens; bark dark brown, peeling. Z 5–8 1,5,6,7,11,13

PHLOX: U.S. natives in bright colors, various heights, blooming spring to fall – an important source of food & pollen hummers, butterflies, bees & more! Z 3–9 1,4,5,6,7,10,11,13

caroliniana: 2”; bright pink-lavender flowers; evergreen rosettes, spreads by runners. Z 3–8

divaricata ‘White’; ‘Blue’: 20”; wild woodland phlox for the shady border, sweet dreams & love!

paniculata ‘Agrippina’: 3”; pale pink with dark eye – winks from semi-shady spot in garden Z 4–9

paniculata ‘Blue Paradise’ and ‘Jeana’ (pink): 5”; these US native colorful garden phlox bloom in autumn to delight many hungry pollinators.

stolonifera Spring Creek: 2”; local form of creeping woodland phlox; gorgeous light blue flowers lighten shady spots. SE US Z 4–9

Phormium – cookianum/colensoi: ‘Jack Spratt’: 8”–10”; bronze grass-like foliage makes dense clumps for pots and borders.

tenax ‘Candy Stripe’: 3”–5”; bright & lively pink, white, yellow and red stripes run the length of leaf blades; fantastic in containers and cut arrangements.

tenax ‘Purpureum’ – New Zealand Flax: 5”–6”; leaf blades are broad sword shaped, green-gray shadowed over by burgundy; showy accent in bold containers and garden. Z 8–10 1,4,5,6,7,8,10,11,15 for all

Photinia villosa ‘Village Green’ aka Christmasberry: 15”; tidy tree, red fruit & red fall color; flowers & fruit great for pollinators & birds. Z 4–8 1,5,6,7,8,11,13

Pieris japonica: 9–12”; narrow leaf evergreen with drooping racemes of white bells in early spring; shade. Z 5–7 1,4,5,6,10,11,13/14 all

‘Compacta’: 3’x2”; heavy-blooming white flowers on compact slow growing shrub; 2–3” leaves. Z 5–7

‘Snowdrift’: 4–5”; pure white flr panicles stand out against new red-bronze foliage in early spring; later, leaves are deep shiny green. Z 5–7

‘Variegata’: Variegated **‘Little Heath’:** 2½”; cream-white and green leaves stand out on red stems. Z 6–7

Platycodon grandiflorus ‘Mariesii’ - Balloon Flower: 18”; balloon shaped buds open to bright blue bells Z 3–8 1,4,5,6,7,10,11,13

Plectranthus ‘Cape Angels’: 2”; crinkled dark green lvs tinged purple beneath; profuse tubular lilac-pink blooms; showy container plant Z 8–9

Plectranthus ciliatus x fruticosus Cornell: 24”; spectacular deep lavender fluffy flowers in late summer; purple foliage, green under. Z 8–10 1,4,5,7,10,11,15/both

Polemonium reptans – Jacob’s Ladder: 20”; lavender to pink flowers mid-spring in rich woodland soil, indirect bright light; native. Z 3–7

Poliathyrsis sinensis: 30”; compact tree bearing, in midsummer, panicles of creamy yellow flowers, having an intensely sweet fragrance, much loved by the pollinators; lustrous gray bark is a winter asset. Z 6–9 1,4,5,6,7,10,11,14

Polygonatum biflorum v commutatum – Giant Solomon’s Seal: 5”–7”; woodland plant native to eastern two thirds of the U.S. & Canada; white bell-flowers at leaf bases along arching stems; black bead-seeds in autumn. Z 2–10 1,4,5,6,7,9,10,13

Populus candicans – Balm of Gilead: 50”; resinous buds used in traditional healing salves US Z 2–8. 1,4,5,6,7,10,11,13

Potentilla neumanniana ‘Nana’: 2”x6”; bright yellow flr just above the dark evergreen cut-leaf mat Z 5–8 1,4,5,6,7,8,10,11,13



Premna microphylla japonica – Japanese Neem Tree: 10’ shrub; insecticidal properties currently being researched; shiny birch-like leaves, odoriferous; tiny cream-colored flowers. Z 9–10 1,5,7,10,11,15

Prunus laurocerasus ‘Otto Luyken’ – English/ Cherry Laurel: 4’x6”; lustrous narrow leaf evergreen, fragrant white flrs; hedge Z 6–8

Prunus maritima – Beach Plum: 10”; shrubby to prostrate plant; fragrant white flowers produce fruit for jam & for wildlife; used for bank stabilization & wildlife habitat. Z 4–8 1,4,5,6,7,8,10,11,13,14/all

Prunus serrula – Birch/Paperbark Tibetan Cherry: 20”; reddish to mahogany peeling bark glistens especially in winter; from Tibet. Z 6–8

Pterostyrax hispida – Epaulette Tree: 20–25”; very fragrant showy white flowers hang in drooping panicles; new trunk growth is bright nearly orange-tan. Japan, China Z 5–8 1,4,5,6,7,8,10,11,13

Pulsatilla vulgaris ‘Prima Papagena’ - Pasque Flower: 7”; colors range from white to wine-red; lacy, silver foliage; full sun, good drainage Z 5–8 1,4,5,7,8,11,13both

Pulsatilla vulgaris ‘Red Bells’ - Pasque Flower: 7”; in early spring, open-facing deep red flrs lead to showy silver seedheads; lacy foliage Z 5–8

RHODODENDRON SPECIES aka deciduous azalea: 6’; native to the Appalachians, where the common name is “honeysuckle” due to the sweet fragrance of the many-hued blooms; thrive in open understory environments. Z 5–8 1,4,5,6,7,9,10,13 all **arborescens:** late bloom, white to pink, fragrant.

bakeri: deep red-orange fragrant blooms.

carolinianum album/ roseum: 6’x6’; our native evergreen rhododendrons; white or pink, early spring blooms Z 5–8

‘Flame Creeper’: 6”h x 2”w; magnificent deep red 2” flowers on this evergreen ground-hugger. Z 5–8

mucronulatum: Korean; pink & early flowers.

periclymenoides ‘Pinkster’: pink flowers with sweet spicy fragrance.

vaseyi: ‘Pink Shell’ azalea

viscosum: very fragrant; white-pink.

Rosa gallica – Apothecary Rose: 6’x3”; reddish pink double fragrant blooms; bristly spiny thorns; has been cultivated and treasured since ancient times Z 3–9 1,5,6,7,8,11,13

Rudbeckia maxima – Giant Coneflower: 6’; flr yellow with dark eye; large powdery blue-grey leaves. Z 4–8 1,4,5,6,7,10,11,13

Sageretia thea: 10’; arching, spiny shrub with thumbnail sized leaves, sweetly fragrant creamy flowers; great for bonsai. Z 8–10 1,4,5,7,11,15

SALIX – Willow: 1,4,5,7,8,11,13 for all

magnifica – Magnolia Leaf Willow: 10’; large dark green lvs, new growth is pinkish Z 6–8

repens v argentea aka nitida – Creeping Willow: 3’; narrow silvery leaves; handsome cascading over retaining wall. Z 5–9

rosmarinifolia: 5’x6’; leaves 3” long x ½” wide, grey-blue-green and narrow; young branches are shiny brown; profile is narrow and dense. Z 5–8

SALVIA – Decorative sage 1,4,5,7,11,14/15

Salvia adenophora – Oaxaca Red S: 5’x1’; brilliant red flrs in clusters end summer until frost Z 9–11

clevelandii ‘Winnifred Gilman’: 3’; whorls of ½” blue flowers, fragrant leaves. Z 8–10

eize-matudae - Shaggy Chiapis S.: 3’x3’; thick, rough purplish leaves, amazing magenta blooms summer til frost; shrub in frost free zones, Z 9–11

dichlamys x microphylla ‘Alegria’: 5’x2’; light pink blooms great for pollinators Z 7–9

fruticosa – Greek Sage: 24”; fragrant, grey felted leaves on shrubby form; pink flowers. Z 9

glabrescens ‘Shiho’: 18”; woodland sage with arrow shaped leaves, blooms purple in autumn. Z 5–8

greggii: alba x dorisiana: 3’; deep pink; fragrant foliage. Z 8–11

alba x involucrata: 3’; dense mulberry hue flr spikes. Z 8–11

‘Pink Preference’: 2’x3’; pink flr/dark calyx, fragrant leaves, woody structure.

‘Teresa’: 24”; pink and white bicolor blooms attract hummers & pollinators.

guaranitica 'Jean's Jewel': 4'; violet-pink selection; hummingbirds love it!

guaranitica **Santa Maria**: 30"; deep indigo blue form of anise sage. Z 7-11

x jamensis 'Cienega de Oro': 2'; clear light-yellow flowers after pale pink buds. Z 8-11

lasiantha: 5'; woolly apricot/orange to red/purple flowers; woolly stems; Central America. Z 8-10

leucantha 'White Mischief': 3'; huge & lovely white-flowered mexican bush sage.

libanensis – **Giant Colombian Red Mountain S.:** 6'x3'; spectacular red flower spikes - go hummingbirds! Year-round flowers in frost free areas Z 9-11

macrophylla: 6'; blue flowers on a giant plant hailing from South America; velvety leaves. Z 7-9

mexicana 'Lolly': 3'; sturdy compact form, blue with lime calyces.

microphylla 'Forever Red': 3'; brilliant red, drought tolerant. Z 7-10/all

'Hot Lips': 4'; dense growth, flowers red changing to white.

'La Trinidad': 3'; dense growth, brilliant pink flowers.

'San Carlos Festival': 3'; eye-popping magenta flowers!

microphylla x darcyi 'Silke's Dream': 24"; showy, intense purple-orange-red flowers in spikes are profuse from summer until frost or through autumn. Z 7-10

miltiorrhiza – **Chinese Red S.:** 3'; handsome plant with profuse blue flowers. Z 9-10

muirii – **Sky Blue African S.:** 18"; excellent for the dry rock garden; blooms from spring to frost with white-throated blue flowers. Z 9-10

regla queretaro: 5'x3'; profuse red-orange tubular flowers in 12" long spikes – jaw dropping, in fact! Z 9-11

rubescens: 4'; 1½" red tubular flrs in 15" open spikes, autumn. Z 9-10

rubescens x dolichotrix – **Red Colombian S.:** 6'; name says it all! *sagittata*: 4'; sprawling habit in rich soil & full sun; 1" blue, showy flowers. Z 9

splendens 'Big Pink': 5'x3'; heavy pink flowers in spikes to attract one & all; blooms til frost or all year in frost-free areas. Z 9-11

splendens x guaranitica 'Theresia': 3'x3'; large light purple blooms – a delight!

univerticillata: 4'; 1" + red fuzzy tubular blooms; sturdy; fruit scented. Z 9

Sambucus nigra forma laciniata – **Cutleaf Elderberry:** 6'-8'; umbels of lacy creamy flowers in late spring; foliage finely dissected. Z 4-8 1,4,5,6,7,8,10,11,13/both

Sanguisorba officinalis 'Pink Tanna' **Burnet:** 2½'-3'; many stems of soft pink catkin-like flowers resemble a cloud in the garden. Z 4-8 1,5,7,11,13

Satureja spicigera (repanda) **Creeping Savory:** 3"; fragrant & edible groundcover; for the rock garden Z 6-9 1,4,5,7,10,11,14

Saxifraga micranthidifolia – **Branch Lettuce:** basal rosette with 6"-8" stems showy with white flowers; grows among rocks and within streams as well as in a shaded moist garden area. Z 6-8 1,5,6,7,9,13

Selaginella braunii: 10"; ferny; semi-evergreen; shade. Z 7-9 1,4,5,6,7,9,10,14

Silene caroliniana ssp wherryi: 2"; narrow leaves in dense 4-5" rosette; clear pink flowers.

Silene regia – **Royal Catchfly:** 3'; deep red 2" flowers on stout stems, July-August, for hummingbirds & pollinators Z 4-8 1,5,6,10,11,13 for all

Silene virginica – **Fire Pink:** no one misses these brilliant pink-to-red natives!

Spigelia marilandica – **Indian Pink:** 1'-2'; 2" trumpet-shaped flowers red with yellow interior, June; glossy 4" pointed leaves; native. Z 5-9 1,4,5,6,9,10,13

Spiraea tomentosa – **Steeplebush:** 3'; spires of deep pink flowers; native; moist to wet soils, full sun; pollinators love it! Z 3-8 1,4,5,6,7,8,10,11,13

Stewartia malacodendron – **Silky Camellia/Stewartia:** 10'x5'; single white flrs (2"-3") with blue stamens; small tree native to SE US; golden fall foliage; showy exfoliating bark Z 7-9 ..14



Stewartia pseudocamellia: 30'x15'w; 2"-3" single white flowers cover the tree for a month in early summer; bark peels from trunk leaving pink & gray areas – especially showy in winter garden. Z 3-7 1,4,5,6,7,8,10,11,13

Styrax americanus – **American Snowbell:** 6-8'; small woodland tree; pendulous fragrant white bells. Z 5-9 1,4,5,6,7,9,10,13

Symphoricarpos orbiculatus – **Indian Currant:** 2-3'; arching and mounding shrub to 8'w; blue-green leaves; lavender-purple fruit. Z 2-7 1,4,5,6,7,8,10,11,13

SYRINGA – Lilac: The Lilac, a fragrant and colorful woody plant, was "a favorite garden plant in Constantinople before the 16th century...taken to Vienna in 1554, northern Europe by 1597 and to America by 1700. It was grown by Bartram and had become quite common in the time of Washington and Jefferson. Its wild home is mountains of Hungary and Bulgaria." (Swarthmore Plant Notes V1, Pt2) Z 4-7 1,4,5,7,8,10,11,13

xhyacinthiflora 'Dark Knight': 7'x5'; deep purple in loose panicles, late bloomer Z 5-8

xhyacinthiflora 'Mt Baker': 7'x5'; early single white lilac, large panicles

x hybrida 'Asessippi': 6'; early pale lilac-purple flowers have grand fragrance; shrub is compact and broad in growth. Introduced 1932 Z 2-8

josikaea – **Hungarian L:** 8'; late blooming single lilac flowers; fragrant! Introduced 1800

oblata – **Early Lilac:** 6'; fragrant, profuse pale lilac blooms cover this shrub. Z 3-8

patula 'Miss Kim': 4'x6'; fragrant single flowers are purple in bud, pale lilac open; dark foliage is mildew-resistant. Int 1954

xprestoniae 'Donald Wyman': 8'; flower heads are 8-10" long – a deep purple, delightfully fragrant late season bloomer. Z 3-7 Int 1944

xprestoniae 'Miss Canada': 6'-7'; deep red buds open to full bright pink heavy flowers with spicy fragrance. Z 2-7 Int 1967

vulgaris – 'Alphonse Lavallee': 8'x8'; double lilac flowers in large panicles. Int 1885

'Charles Joly': 10'x6'; black-purple fragrant double flowers; French. 1896

'Fiala Remembrance': 8'x6'; double white fragrant Z 5-8

'Henri Martin': 8'x6'; double lilac mauve with intense fragrance. 1912

'Josee': 5'; lavender-pink, reblooms through season. 1976

'Ludwig Spaeth': 10'x6'; single deep purple flowers in large panicles are finest for fragrance and size; compact growth. Int 1883

'Mme Lemoine': 12'x8'; glowing double white large panicles. 1890

'Reaumur': 10'x8'; single deep magenta with magical fragrance. 1904

'Red Pixie': 4-6'; single red-pink flowers in long clusters; fragrant. Z 2-7

'Sensation': 12'; purple flowers outlined by clear white bands; superbly fragrant and easy to grow. 1938

xjulianae 'George Eastman': 8'-10'; claret colored buds open to cerise pink tubular flowers; highly fragrant & graceful cut flowers. 1978 Z 4-8

THALICTRUM – Meadow-rue: Z 3-8 1,4,5,6,7,10,13/all

clavatum – **Mountain meadow-rue:** 12"-14"; pure white starry flowers native to our woodland's damp & shady spots.

dioicum – **Early M-r:** 12"; cheerful mauve woodland native; airy rounded leaves.

flavum – **Yellow M-r:** 36"; mist of pale yellow flowers top swaying stems; rounded grey-green foliage is delightful food for butterfly caterpillars!

rochebrunianum 'Lavender Mist': 6-8"; grand sprays of pale lavender purple bell-shaped blooms in early summer atop tall dark purple stalks; self-supporting; round-leaf foliage persists to help feed butterfly larvae; excellent for the woodland garden and sunny border.

xSplendide: 6'; elegant, deep-lavender heavy bloomer, a favorite with pollinators, as are all! Z 5-8

Thymus xcitriodorus 'Archer's Gold': 2"; dark green spreading growth turns gold; flowers pink. Z 6-9 1,4,7,11,14

Tradescantia ohiensis, subaspera – **Spiderwort**: two local species – ours need confirmation come spring! Z 6–8 1,4,5,6,7,8,10,11,13

Tricyrtis formosana ‘**Gilt Edge**’ **Toad Lily**: 24”; narrow edging of gold on shiny green leaves borne on slightly arching stems; orchid-like flowers are pinky-purple and speckled. Asia Z 4–8 1,4,5,6,7,9,10,13/ both

Tricyrtis hirta **Miyazaki Hybrid Toad Lily**: 3’; bright green lance-shaped leaves; small white flowers are spotted with purple; both form heavy clumps.

TRILLIUM: Classic spring ephemeral wildflower! 1,5,6,7,9,10,11,13 for all

catesbyii – **Pink T.**: 10”; bright pink flower; acid soil, shade; native to rhododendron forests of southern mountains. Z 4–8

erectum – **Red T., Wake Robin**: 10”; deep maroon blooms rise over mottled three-lobed leaves in early spring. E US Z 5–7

grandiflorum – **Great White T.**: 15”; native spring ephemeral – a joy to see in the woodland garden! Z 4–8

pusillum – **Dwarf White T.**: 4”; flowers white with pink underside, fading to deep pink with age; leaves are narrow, dark green with dark red accents. Z 5–7

sulcatum – **Southern Red, Barksdale T.**: 20”x8”; robust growth with red (sometimes range to white) flowers above the foliage; bold addition to the shade garden in spring; native SE US Z 4–8

Uvularia perfoliatum – **Bellwort**: 12”; stems have bright leaves with prominent veins; bell-shaped yellow flowers are single & in pairs; spring ephemeral forms patches in woodland gardens. E US & Can. Z 4–7 1,5,6,7,10,11,13

Uvularia sessilifolia – **Spreading Bellwort/ Merrybells**: 8-10”; pale yellow bells on slender stems/ loose colonies in early spring Z 4–8

VIBURNUM: Grow guide for all: 1,4,5,6,7,8,10,11,13

dentatum – **Arrow Wood**: 12’; flowers are plentiful, white & showy in the woodland, fruit dark blue; leaves oval, toothed; native to eastern U.S. Z 2–7

xdilatatum ‘**Michael Dodge**’: 5–6’; white flowerheads; golden yellow fruit in large cymes along with brilliant yellow foliage in autumn. Z 5–7

nudum ‘**Winterthur**’: 6’; shiny dark green foliage surrounds profuse white flowers in flat heads on this multi-stemmed shrub; fall color burgundy to purple; 3” seed heads are black. E US Z 6–8

opulus ‘**Sterile**’ – **Snowball V.**: 10’x8’; large shrub with balls of greenish flowers turning white – truly snowballs in summer! Shiny green leaves. Z 4–8

sargentii: 12’; flowers are pure white with purple anthers, in flat heads; fruit berries are bright translucent cardinal red from late August through early winter; great addition to range of fall color. Z 3–7

VIOLA: Z 7–9 1,5,6,7,10,11,14

mandschurica: 4”; intensely dark purple blooms; leaves are narrow, variegated blades; unusual for a violet.

odorata ‘**Clive Groves**’: large deep purple, sweet fragrance

‘**Reid’s Crimson Carpet**’: trailing – forms mats; fragrant *palmata* – **Early Three-lobed Blue V.**: 5”; eye-catching cut leaves, blue flowers. US native

walteri ‘**Silver Gem**’: trailing silvery foliage; pale lavender bloom. Eastern US

Vitex agnus-castus ‘**Blushing Spires**’: 6–10’; pink rather than blue panicles of flowers in autumn; deep cut fan-like leaves. Z 6–9 1,4,5,7,11,13

Vitex incisa – **Cut-leaf vitex**: 10’; small aromatic shrub with purple flowers used by pollinators. China Z 8–9 1,4,5,7,11,15



Buggotion – This lotion, developed and tested by Ellen, both repels biting and stinging insects and soothes and repairs their bites! Her horses and our donkey invite us to apply the lotion to the inside of ears, along midlines and hard to reach places – a dab a day will do it. We put a dab on our ears and wrists to protect us from no-see-ums and other biters. Ingredients: Soy oil, apple cider vinegar, aloe gel, comfrey, plantain, pennyroyal, lemon eucalyptus & citronella oils & bees wax.

CREAM OF SORREL SOUP

To 2 cups (packed) fresh sorrel add ¼ cup of minced chives and garlic leaves. Chop fine and sauté until tender in 4 tbs. butter or oil. Sprinkle in ½ tbs. flour; salt & pepper to taste. Add 2 cups boiling chicken stock and bring to boil again. Off heat. Mix 2-3 beaten egg yolks with 1 cup milk or cream. Add, stirring the while, some hot stock to cream mix, then, pour the cream mix slowly into the remaining stock. Reheat, but DO NOT BOIL. Serve with croutons or garlic bread.

Please don't forget to visit www.sandymushherbs.com to download our full Handbook and complete Plant List/Order Form with over 1600 varieties of plants!

We recommend as an excellent resource and a great organization: www.beeecityusa.org. Explore their lists of native pollinator plants for the major regions of the US.



GROWING GUIDE

These ranges of growing conditions are best for the plants listed, but most plants will do quite well in a less than perfect environment.

- | | | | | |
|--------------|----------------------|------------------|-------------------|--|
| 1. Perennial | 4. Light, sandy soil | 7. Neutral soil | 10. Partial shade | 14. Not full hardy, winter protect below 20° F |
| 2. Annual | 5. Loamy soil | 8. Alkaline soil | 11. Full sun | 15. Tender |
| 3. Biennial | 6. Acid soil | 9. Full shade | 13. Hardy | |

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